CAPSTONE CLINICS

Right to Receive a Good Faith Estimate

You have the right to receive a "Good Faith Estimate" explaining how much your health care will cost

Under the law, health care providers need to give patients who don't have certain types of health care coverage or who are not using certain types of health care coverage an estimate of their bill for health care items and services before those items or services are provided.

- You have the right to receive a Good Faith Estimate for the total expected cost of any health care items or services upon request or when scheduling such items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- If you schedule a health care item or service at least 3 business days in advance, make sure your health care provider or facility gives you a Good Faith Estimate in writing within 1 business day after scheduling. If you schedule a health care item or service at least 10 business days in advance, make sure your health care provider or facility gives you a Good Faith Estimate in writing within 3 business days after scheduling. You can also ask any health care provider or facility for a Good Faith Estimate before you schedule an item or service. If you do, make sure the health care provider or facility gives you a Good Faith Estimate in writing within 3 business days after you ask.
- If you receive a bill that is at least $400 more for any provider or facility than your Good Faith Estimate from that provider or facility, you can dispute the bill.

How to ask Capstone Clinics for a Good Faith Estimate

> Contact **Micky Boyer** at 907-357-9590 (TTY: 711) or mboyer@capstoneclinic.com, or ask at any Capstone Clinics front desk. This includes cash-pay patients. Direct Primary Care (DPC) is not insurance; DPC members who pay for a service out of pocket can also ask for a Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises/consumers, email FederalPPDRQuestions@cms.hhs.gov, or call 1-800-985-3059.

Alaska law

You will be provided with an estimate of the anticipated charges for your nonemergency care upon request. Please do not hesitate to ask for information. (AS 18.23.400)

> ATTENTION: If you speak a language other than English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-907-357-9590 (TTY: 711) or speak to your provider.